



# **IFET COLLEGE OF ENGINEERING** **(An Autonomous Institution)**

**NSS CELL**  
**(NOT ME BUT YOU)**

**&**  
**YOUTH RED CROSS**  
**Students Activity Report**

<b>ACADEMIC YEAR</b>	<b>DATE</b>	<b>PROGRAMS (CONDUCTED/PARTICIPATED)</b>
<b>2020-2021</b>	17.06.2020	GENERAL WELLNESS AWARENESS PROGRAM
	26.06.2020	GENERAL HEALTH AWARENESS PROGRAM
	31.07.2020	AWARENESS PROGRAMME ON WOMEN PROTECTION
	11.08.2020	CANCER AWARENESS PROGRAMME
	18.11.2020	COVID AWARENESS PROGRAMME
	10.12.2020	COVID VACCINATION

		PROGRAMME
	22.12.2020	CAMPUS CLEANING
	11.01.2021	ROAD SAFETY AWARENESS RALLY
	10.02.2021	CAMPUS CLEANING
	13.02.2021	TREE PLANTATION DRIVE IN COLLEGE CAMPUS
	27.02.2021	TEMPLE CLEANING IN ADOPTED VILLAGES
	12.03.2021	FIELD WORK IN ADOPTED VILLAGES
	15.03.2021	ENERGY CONSERVATION DAY
	19.03.2021	“SAY NO TO PLASTICS”- SWACCH BHARAT MISSION
	02.04.2021	TOBACCO AWARENESS PROGRAMME
	17.06.2020	GENERAL WELLNESS AWARENESS PROGRAM
	26.06.2020	GENERAL HEALTH AWARENESS PROGRAM

# **IFET COLLEGE OF ENGINEERING**

**(An Autonomous Institution)**

**Gangarampalayam, Villupuram**

## **1. General Wellness Awareness Program on 17<sup>th</sup> June, 2020**

**Name of the Program: General Wellness Awareness Program**

**Date: 17-06-2020**

**No. of Participants: 59**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Siruvanthadu**

### **Brief Report of the Event:**

A General Wellness Awareness program in our college was organised on **17<sup>th</sup> June, 2020**. The total number of students participated and benefitted from this programme is 59. The government doctors of our locality from Primary Health Centre, Siruvanthadu were invited and they took part in this programme. All the doctors emphasized the necessity for personal health and hygiene. The doctors advised the students to eat healthy balanced food and to keep himself or herself clean. Most of the doctors highlighted the need for sleeping inside mosquito nets at night and to drink boiled water to prevent diseases like malaria, dengue and enteric diseases.

The students were told not be lured by fast food, coloured drinks, cold drinks and cut fruits. The doctors also emphasized the need for taking physical exercise daily. The doctors also focused on the need for keeping oneself clean and on keeping hands cleaned and washed.



## **2. General Health Awareness Program on 26<sup>h</sup> June, 2020**

**Name of the Program: General Health Awareness Program**

**Date: 26-06-2020**

**No. of Participants: 44**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Siruvanthadu**

### **Brief Report of the event:**

Health Check-up programme was conducted on **26<sup>th</sup> June, 2020** in order to record the status of the health report of participants. Many students and faculty participated in the health check up to boost the enthusiasm among the participants. There were around 44 participants who joined their hands and made this awareness program a success. The program commenced at 10:30AM in the morning and continued up to 12:30PM. In between there were arrangements of some snacks for the guests and also for the participants.



### **3. Awareness Programme on Women Protection on 31<sup>st</sup> July, 2020**

**Name of the Program: Awareness Program on Women Protection**

**Date: 31-07-2020**

**No. of Participants: 60**

**Organizing Unit & Collaborating Agency: NSS, YRC & Local Police Station, Valavanur**

### **Brief Report of the event:**

The NSS unit of IFET College of Engineering has organized an awareness programme on “Women Protection” in the College in association with government organization on **31st July, 2020** which was initiated by Local Police Station, Valavanur. The NSS Programme Officers, Dr. P.Jacqueline Rosy & Mr.Giridharan initiated the programme with the introduction of the chief representatives. The Police officer briefed the present women situation in the society and requested all the girl students to be strong, brave, alert and self-defensive in case of critical situations. He also insisted that education of

boys is also necessary for preventing the violence against women these days. He also gave an ABCD rule for girl's i. e., A-Awareness, B-Be Alert, C-Careful and D-Defensive at any time or place. He advised all the students to give wide publicity of toll free number 181 which works 24x7 and rescue the victim immediately from anywhere in the state. There were around 60 participants who joined their hands and made this awareness program a success. The programme concluded with the vote of thanks given by the Mrs. A.Dhanalakshmi, YRC/ Incharge. All the NSS student volunteers, teaching, non-teaching and supporting staff attended this programme.



#### **4. Cancer Awareness Programme on 11<sup>th</sup> August, 2020**

**Name of the Program: Cancer Awareness Programme**

**Date: 11-08-2020**

**No. of Participants: 55**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Siruvanthadu**

**Brief Report of the event:**

The theme focuses on raising awareness of cancer and taking collective action against it. The primary goal of this programme is to raise awareness of the importance of early cancer detection because it increases the chances of better treatment and cure. IFET College of Engineering, Villupuram, the NSS Unit 1 & 2 in collaboration with Youth Red Cross, organised an awareness programme on **11.08.2020** in college premises. The event is aimed to spread awareness about cancer, its early detection and treatment. A total of 55 NSS volunteers participated and get awareness on demonstrating the various stages of a cancer patient's life and the preventive measures that can save precious lives.



Principal Dr. G. Mahendran encouraged the NSS volunteers for their selfless service, which was effective in raising cancer awareness and prevention. Vice Principal Dr.S.Matilda added that raising awareness is critical in combating this dreaded disease, so such endeavours are of paramount importance.

The event was attended by department heads, faculty members, and students from various departments. The event was successfully organised by NSS Program officers Dr.P.Jacqueline Rosy, ASP/S&H (Chemistry), Mr.Giridharan, AP/ IT, and YRC officer Mrs.A.Dhanalakshmi, ASP/S&H (Physics).

## **5. Covid Awareness Programme on 18<sup>th</sup> November, 2020**

**Name of the Program: Covid Awareness Programme**

**Date: 18-11-2020**

**No. of Participants: 45**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Kandamangalam Block**

### **Brief Report of the event:**

Our College students were given COVID Awareness Programme on **18.11.2020** by Dr. Arthi, M.B.B.S Block Medical Officer from Kandamangalam. Most of the students participated in the programme and got benefited. She has given the information regarding symptoms of COVID 19, care to be taken and the role of vaccination to cure COVID-19 for 30 minutes and interacted for few minutes, after then session was started again and students have shown their keen interest by being connected till the end of this session. Total 45 students of fourth and sixth semester have participated.



## 6. Covid Vaccination Programme on 10<sup>th</sup> December, 2020

**Name of the Program: Covid Vaccination Programme**

**Date: 10-12-2020**

**No. of Participants: 18**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Siruvanthadu**

### **Brief Report of the event:**

Our college students raised COVID awareness in the nearby village of Gangarampalayam and V.Pudhur on 10.12.2020. There were around 18 participants who joined their hands and made this awareness program a success.



## **7. Campus Cleaning activity on 22<sup>nd</sup> December 2020**

**Name of the Program: Campus Cleaning**

**Date: 22-12-2020**

**No. of Participants: 40**

**Organizing Unit & Collaborating Agency: NSS, YRC & Eco Club (IFET)**

### **Brief Report of the event:**

IFET College of Engineering has organized a Clean Campus campaign on **22nd December 2020** to educate and to promote civic sense among students community. There were around 40 participants who joined their hands and made this awareness program a success. Students were advised not to throw paper plates, water bottle, paper cups, tissues, and many unwanted things on campus Lawns, Library, cafeteria, umbrella canteen, garden, sitting Area, corridors, class rooms, pathway and other open areas which are very unhygienic to all of us. They were also informed to make the college campus & class rooms a beautiful place for one and it makes individuals healthier when the environment around them is healthy.



## **8. Road Safety awareness Rally on 10<sup>th</sup> January 2021**

**Name of the Program: Road Safety Awareness**

**Date: 10-01-2021**

**No. of Participants: 35**

**Organizing Unit & Collaborating Agency: NSS, YRC & Gangarampalayam Village Panchayat**

### **Brief Report of the event:**

IFET College of Engineering took out a rally on 10th January 2021 to propagate the message of Road Safety Week to bring awareness safe driving. Prior to the rally, the students were briefed on traffic rules which if followed, would yield positive results. They were also informed that most deaths occurred due to road accidents rather than illness.

They were told that if traffic norms were adhered to, thousands of precious lives could be saved. There were around 35 participants who joined their hands and made this awareness program a success.



## 9. Campus Cleaning Activity on 10<sup>th</sup> February 2021

Name of the Program: Campus Cleaning

Date: 10-02-2021

No. of Participants: 25

Organizing Unit & Collaborating Agency: NSS, YRC & Eco Club

### Brief Report of the event:

IFET College of Engineering has organized a Clean Campus campaign on **10th February 2021** to educate and to promote civic sense among students community. Clean Campus promotes Hygiene, It improves hygiene level in campus and also helps to reduce the spread of sickness, maintaining a clean college environment sets a good example to students. Cleanliness encourages learners to take pride in their college, which makes them less likely to drop litter and as such they will potentially make a bigger effort to maintain their environment.



## **10. Tree Plantation Drive in College Campus on 13<sup>th</sup> February, 2021**

**Name of the Program: Tree Plantation**

**Date: 13-02-2021**

**No. of Participants: 42**

**Organizing Unit & Collaborating Agency: NSS, YRC & Eco Club**

### **Brief Report of the event:**

The program aimed to plant about 100 saplings in the college premises and all around as well on **13.02.2021**. The coordinators guided students on how to plant. At first, we started to implant seedlings along the central road of the college main building and then along all sides and behind the main building. There were around 42 participants who joined their hands and made this program a success. The main purpose of this event was to enhance awareness about the importance of tree plantations.



## **11. Temple Cleaning in Adopted Villages on 27<sup>th</sup> February, 2021**

**Name of the Program: Temple Cleaning**

**Date: 27-02-2021**

**No. of Participants: 20**

**Organizing Unit & Collaborating Agency: NSS, YRC & Gangarampalayam Village Panchayat**

### **Brief Report of the event:**

NSS Cell, IFET Engineering College conducted Environmental Cleaning Programme at Temple. NSS Programme Officer organized this Environmental Cleaning Programme at Temple in the adopted village Gangarampalayam on **27.02.2021** for the benefits of the village population. Due to this maintenance programme more than 200 peoples got benefited. There were around 20 participants who joined their hands and made this program a success.



## 12. Field Work in adopted Villages on 12<sup>th</sup> March, 2021

**Name of the Program: Field Work**

**Date: 12-03-2021**

**No. of Participants: 26**

**Organizing Unit & Collaborating Agency: NSS, YRC & Gangarampalayam Village Panchayat**

### **Brief Report of the event:**

NSS volunteers carried out cleanliness drive in the adopted village Gangarampalayam and V.Pudhur on **12.03.2021**. Cleanliness around temple area, sides of road were cleaned to keep forward the main theme of the activity i.e. “Swachh Bharat Mission and Unnath Bharat Abhiyan” There were around 26 participants who joined their hands and made this program a success.



### **13. Energy Conservation Day celebration on 15<sup>th</sup> March, 2021**

**Name of the Program: Energy Conservation Day**

**Date: 15-03-2021**

**No. of Participants: 55**

**Organizing Unit & Collaborating Agency: NSS, YRC &**

**Brief Report of the event:**

Energy Conservation Day Observation on **15.03.2021** at college campus. More than 70 students, teaching & office staff participated in this program delivered lecture about the significant of observation of this day. Dr. P.Manivannan department of Basic science & Humanities delivered in brief about what and why it is necessary to observe the energy conservation today. There were around 55 participants who joined their hands and made this program a success. He encouraged the students to take part as NSS volunteer into the various social work during their study of engineering course. At last Dr.P.Jacqueline Rosy, Associate professor of Basic Science & Humanities department and coordinator of NSS unit welcomed the entire volunteer for joining the program and also committed to organize various social activities by the NSS unit during the Covid pandemic situation in future.



## **14. “Say No to Plastics”-Swachh Bharat Mission on 19<sup>th</sup> March, 2021**

**Name of the Program: Say No to Plastics”-Swachh Bharat Mission**

**Date: 19-03-2021**

**No. of Participants: 21**

**Organizing Unit & Collaborating Agency: NSS, YRC & Gangarampalayam Village Panchayat**

### **Brief Report of the event:**

NSS & YRC Unit Organized Swachh Bharat Abhiyan Program at Gangarampalayam and V.Pudhur VILLAGE, on **19.03.2021** between 11.00 AM and 3.00 PM.

Objective of this program is about an improvement in the general quality of life in the rural areas, by promoting cleanliness, hygiene and eliminating open defecation.

In this activity NSS & YRC Programme Officer and 48 NSS Volunteers are actively participated; clean the temple premises like main road, parking area and Temple Park etc. The NSS volunteers have sensitized the village people on hygiene maintenance of houses and surrounding areas also how to maintain cleanliness to avoid mosquito generation & disease spread in the village. There were around 21 participants who joined their hands and made this awareness program a success.



## **15. Tobacco Awareness Programme on 2<sup>nd</sup> April, 2021**

**Name of the Program: Tobacco Awareness Programme**

**Date: 02-04-2021**

**No. of Participants: 60**

**Organizing Unit & Collaborating Agency: NSS, YRC & Primary Health Centre, Siruvanthadu**

### **Brief Report of the event:**

NSS & YRC Unit Organized Tobacco awareness programme in our college premises on 02.04.2021 between 11.00 AM and 12.30 PM.

Nearly 60 Volunteers participated in the program, including teaching and non-teaching staffs. All participants took a pledge;

- I take a pledge that I shall never use or consume any type of tobacco products in my life.
- I shall motivate all my family members, friends and acquaintances also to not to use any tobacco products.
- I shall also contribute to the protection of my environment from the use of tobacco products.
- I shall encourage at least ten other persons to take this pledge which I am taking today.
- I shall contribute for a tobacco-free society.

